# 2014 -- WAG EVENTS - First Quarter

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| January | February | March |  | Notes |
| 1 |  | 1 |  | 1 |  |  |  | **Hocking Hills Winter Hike:** Leave SHBC  |
| 2 |  | 2 |  | 2 |  |  |  | at 7AM; Dress for winter weather; |
| 3 |  | 3 |  | 3 |  |  |  | Bring plenty of water and snacks; 5-6 |
| 4 |  | 4 |  | 4 |  |  |  | Mile hike; Wear warm clothes; Food  |
| 5 |  | 5 |  | 5 |  |  |  | at donation pricing midway through  |
| 6 |  | 6 |  | 6 |  |  |  | Hike; see website for more info |
| 7 |  | 7 |  | 7 |  |  |  | <http://hockinghills.com/winter_hike.html> |
| 8 |  | 8 | **Saturday Workout - TBA - free** | 8 | **Saturday Workout - TBA - free** |  |  | Bring money for dinner after hike! |
| 9 |  | 9 |  | 9 |  |  |  | Contact Nancy Channell at 740-366-2974  |
| 10 |  | 10 |  | 10 |  |  |  | Or 740-501-5234 or email her at |
| 11 |  | 11 |  | 11 |  |  |  | nancyc50@windstream.net to register |
| 12 |  | 12 |  | 12 |  |  |  |  |
| 13 |  | 13 |  | 13 |  |  |  | **Denison Reserve Hike:** Meet at SHBC at  |
| 14 |  | 14 |  | 14 |  |  |  | 9 AM and carpool over to the reserve;  |
| 15 |  | 15 | **Dennison Reserve Hike - free** | 15 |  |  |  | Bring snacks and water; wear warm gear; |
| 16 |  | 16 |  | 16 |  |  |  | Plan on hiking for about 3 miles ; Contact |
| 17 |  | 17 |  | 17 |  |  |  | Lisa Farsht at 740-975-9375 or email |
| 18 | **Hocking Hills Winter Hike - free** | 18 |  | 18 |  |  |  | At lcfarsht@yahoo.com to register |
| 19 |  | 19 |  | 19 |  |  |  |  |
| 20 |  | 20 |  | 20 |  |  |  |  |
| 21 |  | 21 |  | 21 |  |  |  | **Camp Falling Rock Overnighter: Fun over** |
| 22 |  | 22 | **Saturday Workout - TBA- free** | 22 | **Camp Falling Rock Ovenighter**  |  |  | Nighter beginning Saturday morning at 9  |
| 23 |  | 23 |  | 23 |  |  |  | AM and ending Sunday at 2 PMish.  |
| 24 |  | 24 |  | 24 |  |  |  | Estimated $25 which includes food and |
| 25 |  | 25 |  | 25 |  |  |  | Guided activities. More to come. Contact |
| 26 |  | 26 |  | 26 |  |  |  | Contact Nancy Channell at 740-366-2974  |
| 27 |  | 27 |  | 27 |  |  |  | Or 740-501-5234 or email her at |
| 28 |  | 28 |  | 28 |  |  |  | nancyc50@windstream.net to register |
| 29 |  | 29 |  | 29 |  |  |  |  |
| 30 |  | 30 |  | 30 |  |  |  |  |
|  |  |  |  |  |  |  |  |  |

#  2014-- Second Quarter

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| April | May | June |  | Notes |
| 1 |  | 1 |  | 1 |  |  |  | **Mud Run** - see Kristen Elliott for  |
| 2 |  | 2 |  | 2 |  |  |  | detail; Preparation required for event |
| 3 |  | 3 | **Mother/Daughter Horseback** . | 3 |  |  |  | Registration info $40 plus travel costs |
| 4 |  | 4 | **M/D Retreat continued - $65** | 4 |  |  |  | And food. Contact Kristen Elliott at |
| 5 |  | 5 |  | 5 |  |  |  | 740-348-5168 or shoot her an email |
| 6 |  | 6 |  | 6 |  |  |  | kdelliott2@gmail.com .  |
| 7 |  | 7 |  | 7 |  |  |  | [http://www.active.com/marietta-](http://www.active.com/marietta-oh/running/2nd-annual-marietta-mud-run-2014)  |
| 8 |  | 8 |  | 8 |  |  |  | **oh/running/2nd-annual-marietta-** |
| 9 |  | 9 |  | 9 |  |  |  | **mud-run-2014** |
| 10 |  | 10 |  | 10 |  |  |  |  |
| 11 |  | 11 |  | 11 |  |  |  | **Mother/Daughter Horseback Retreat:** |
| 12 | **Saturday Workout - TBA - free** | 12 |  | 12 |  |  |  | Overnighter retreat filled with fun and |
| 13 |  | 13 |  | 13 |  |  |  | Food and worship; horseback riding; |
| 14 |  | 14 |  | 14 | **Saturday Workout - TBA - free** |  |  | Other activities planned; chuck wagon |
| 15 |  | 15 | **Bike Trip Killbuck - Fredericksburg** | 15 |  |  |  | Breakfast event; cost estimated at $65 |
| 16 |  | 16 |  | 16 |  |  |  | See Lisa Gillispie for registration at |
| 17 |  | 17 |  | 17 |  |  |  | 740-504-9203 or email her at |
| 18 |  | 18 |  | 18 |  |  |  | cmlisag@gmail.com |
| 19 |  | 19 |  | 19 |  |  |  |  |
| 20 |  | 20 |  | **20** | **Rappelling Retreat!!! $120 est.** |  |  | **Bike Trip Killbuck to Federicksburg:** |
| 21 |  | 21 |  | **21** | **2 night retreat with rappelling,** |  |  | Estimated cost is $20. Amish Bike  |
| 22 |  | 22 |  | **22** | **Rock wall climbing, spelunking** |  |  | trail ride; lunch at Elms Pizza and  |
| 23 |  | 23 |  | 23 | **See Lisa Farsht at lcfarsht@yahoo** |  |  | Back. Contact Debbie Hamilton at |
| 24 |  | 24 | **Saturday Workout - TBA - free** | 24 | **.com or 740-975-9375 for details** |  |  | 740-972-4264 or email her at |
| 25 |  | 25 |  | 25 |  |  |  | debhmcs4@aol.com  |
| 26 | **Mud Run - Women Only** | 26 |  | 26 |  |  |  |  |
| 27 |  | 27 |  | 27 |  |  |  | **Breast Cancer Relay For Life:**  |
| 28 |  | 28 |  | 28 | **Saturday Workout - TBA - free** |  |  | Fundraising event for cancer; will have |
| 29 |  | 29 |  | 29 |  |  |  | WAG relay team to raise funds and |
| 30 |  | 30 |  | 30 |  |  |  | Walk/run relay; contact Nancy |
| 31 |  | 31 | **Breast Cancer Relay For Life** | 31 |  |  |  | Channell at 740-366-2974 |

# 2014 -- Third Quarter

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| July | August | September |  | Notes |
| 1 |  | 1 |  | 1 |  |  |  | **Commit to be Fit Triathalon:**  |
| 2 |  | 2 |  | 2 |  |  |  | Contact Kristen Elliott for more details |
| 3 |  | 3 |  | 3 |  |  |  | <http://www.multisportfestival.com/details.htm> |
| 4 |  | 4 |  | 4 |  |  |  | 740-348-5168 or shoot her an email |
| 5 |  | 5 |  | 5 |  |  |  | kdelliott2@gmail.com .  |
| 6 |  | 6 |  | 6 |  |  |  | Preparation required for this event! |
| 7 |  | 7 |  | 7 |  |  |  |  |
| 8 |  | 8 |  | 8 |  |  |  |  |
| 9 |  | 9 | **Saturday Workout - TBA - free** | 9 |  |  |  | **WAG will sponsor a Couples Rappelling**  |
| 10 |  | 10 |  | 10 |  |  |  | **Retreat as in years past. Look for more details** |
| 11 |  | 11 |  | 11 |  |  |  | **To come! Estimated cost at $120 or less** |
| 12 | **Saturday Workout - TBA - free** | 12 |  | **12** | **Couples Rappelling Retreat!** |  |  |  |
| 13 |  | 13 |  | **13** | **See Lisa Farsht for details of a** |  |  |  |
| 14 |  | 14 |  | 14 | **Weekend of rappelling, fun,** |  |  | **Bike Trip to Kelly's Island and back:** |
| 15 |  | 15 |  | 15 | **And rock wall climbing.**  |  |  | This is a 100 mile overnight bike trip loaded  |
| 16 |  | 16 |  | 16 |  |  |  | With personal challenge, and guided bike tour. |
| 17 |  | 17 |  | 17 |  |  |  | Preparation required. See Debbie Hamilton at  |
| 18 |  | 18 |  | 18 |  |  |  | 740-972-4264 or email her at |
| 19 |  | 19 |  | 19 | **Bike Trip Kelly's Island & back** |  |  | debhmcs4@aol.com . Estimated cost - $50 |
| 20 |  | 20 |  | 20 |  |  |  |  |
| 21 |  | 21 |  | 21 |  |  |  |  |
| 22 |  | 22 |  | 22 |  |  |  |  |
| 23 |  | 23 | **Saturday Workout - TBA - free** | 23 |  |  |  |  |
| 24 |  | 24 |  | 24 |  |  |  |  |
| 25 |  | 25 |  | 25 |  |  |  |  |
| 26 | **Saturday Workout - TBA - free** | 26 |  | 26 |  |  |  |  |
| 27 | **Commit to be Fit Triathalon** | 27 |  | 27 | **Saturday Workout - TBA - free** |  |  |  |
| 28 |  | 28 |  | 28 |  |  |  |  |
| 29 |  | 29 |  | 29 |  |  |  |  |
| 30 |  | 30 |  | 30 |  |  |  |  |
|  |  | 31 |  |  |  |  |  |  |

# 2014 -- Fourth Quarter

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| October | November | December |  | Notes |
| 1 |  | 1 |  | 1 |  |  |  | **Backpacking Zaleski State Forest:** |
| 2 |  | 2 |  | 2 |  |  |  | A true backpacking experience hiking  |
| 3 |  | 3 |  | 3 |  |  |  | Anywhere from 10-25 miles over a  |
| 4 |  | 4 |  | 4 |  |  |  | Period of two nights and three days  |
| 5 |  | 5 |  | 5 |  |  |  | On trails. Backpacking gear required; |
| 6 |  | 6 |  | 6 |  |  |  | Preparation required for this event;  |
| 7 |  | 7 |  | 7 |  |  |  | Estimated cost at - $30 or more; see |
| 8 |  | 8 | **Saturday Workout - TBA - free** | 8 |  |  |  | Lisa Farsht at 740-975-9375 or email |
| 9 |  | 9 |  | 9 |  |  |  | At lcfarsht@yahoo.com to register |
| 10 |  | 10 |  | 10 |  |  |  |  |
| 11 | **Saturday Workout - TBA - free** | 11 |  | 11 |  |  |  |  |
| 12 |  | 12 |  | 12 |  |  |  |  |
| 13 |  | 13 |  | 13 | **Saturday Workout - TBA - free** |  |  |  |
| 14 |  | 14 |  | 14 |  |  |  |  |
| 15 |  | 15 |  | 15 |  |  |  |  |
| 16 |  | 16 |  | 16 |  |  |  |  |
| 17 | **Backpacking Zaleski State Forest** | 17 |  | 17 |  |  |  |  |
| 18 | **For two nights/3 days on trails** | 18 |  | 18 |  |  |  |  |
| 19 |  | 19 |  | 19 |  |  |  |  |
| 20 |  | 20 |  | 20 |  |  |  |  |
| 21 |  | 21 |  | 21 |  |  |  |  |
| 22 |  | 22 | **Saturday Workout - TBA - free** | 22 |  |  |  |  |
| 23 |  | 23 |  | 23 |  |  |  |  |
| 24 |  | 24 |  | 24 |  |  |  |  |
| 25 | **Saturday Workout - TBA - free** | 25 |  | 25 |  |  |  |  |
| 26 |  | 26 |  | 26 |  |  |  |  |
| 27 |  | 27 |  | 27 |  |  |  |  |
| 28 |  | 28 |  | 28 |  |  |  |  |
| 29 |  | 29 |  | 29 |  |  |  |  |
| 30 |  | 30 |  | 30 |  |  |  |  |
| 31 |  | 31 |  |  |  |  |  |  |

# Additional Events, Dates, or Deadlines – At-A-Glance

|  |  |  |
| --- | --- | --- |
| 1st Quarter | Event | Date |
|  | October |  |  |
| November |  |  |
| December |  |  |
| 2nd Quarter | Event | Date |
|  | January |  |  |
|  | February |  |  |
|  | March |  |  |
| 3rd Quarter | Event | Date |
|  | April |  |  |
|  | May |  |  |
|  | June |  |  |
| 4th Quarter | Event | Date |
|  | July |  |  |
|  | August |  |  |
|  | September |  |  |